

SHEVIOCK PARISH NEWSLETTER

Issue 125

September 2023



From the Editor

The older I get, the quicker the seasons pass. Come Spring I'm planning all the jobs I'm going to get done during the year, then, before you know it, Autumn's round the corner and I've hardly started.

Yet another newsletter off the press, yet another flower show, yet another parish clean.

As you may be aware, the Rame Peninsula Bus has been out of service for repairs. It's now back in service. Next trips are: 18 Sep. Lostwithiel & Duchy Nursery; 13th Oct. Falmouth Oyster Festival; 27 Nov. Wadebridge & Trelawney; plus monthly trips to Saltash, Truro, Liskeard, Totnes and Tavistock. Phone 01752 823346 to book. Pick ups from KFC bus stop.

You can now read the Newsletter on line. Go to sheviockparish.org.uk/parish-newsletter/ to access this, and previous copies.

If you have any contributions you'd like to see printed in the newsletter, do please get in touch. Any items submitted should be original, or with the owner's permission, and you'll have a world wide readership.

Steve Medway

Cover photo: .A rare summer's day on the beach through the blackberries.

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Editor Steve Medway 01503 230661 s.medway@btinternet.com

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Many thanks to Rosalie Dunn for proof reading the articles.

Please take note of the copy date for issue 126 – Friday November 17 2023

Steve Medway 01503 230661 s.medway@btinternet.com

11 Burns View, Crafhole, Torpoint, PL11 3BW

Distribution date around December 1st will require material to be received by copy date. I hope all our contributors are happy with this issue. If you have any points to make regarding this newsletter, please let me know.

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Our Mission Statement.

We pray that Crafhole Methodist Church may always be God-Centred, providing a place where God's family may worship, reach out in Christian love and service to the community and draw in all people of all ages and abilities, so that they can learn that God loves and values them.

Crafhole Methodist Church

Bible Study on Thursday at Cross Park Crafhole on Thursday afternoons starting at 2.30pm

Badminton on Wednesday evening for all ages.
Sessions for Children from 7 Years upwards
Beginners 6 – 6.30 pm
Children from 7 upwards 6.30 to 7.30pm
Adults 7.30 pm onwards
All resuming on 6th September .

Crafhole Methodist Chapel

Harvest Festival 17th September 10.30am

Coffee Mornings will resume at the Village Hall from 24th September 10.00 to 12.30. The September coffee morning is in aid of the MacMillan nurses.

Barbara Snowling 01503 230326

I DON'T believe it! By Grumpy old Git

A man asked his wife "What would you do if I won the lottery?"

She replied "I'd take half and leave you"

"Great " he said" I've just won 20 quid. Here's a tenner, see you around"

Did you hear they arrested the devil? Yeah, they got him on possession.

What's the difference between an outlaw and an in-law? Outlaws are wanted.

What do you call a mobster who's buried in cement? A hardened criminal.

Knock, knock. Who's there? Nobel. Nobel who? Nobel, so I knock knocked.

What's Irish and stays out all night? Patty O'Furniture.

Thanks to Reader's Digest

Crafthole and District Open Flower and Vegetable Show 2023

The Crafthole and District Open Flower and Vegetable Show took place on Saturday 12th August 2023. It was good to note that the number of exhibitors was up on the previous year and there was a very high number of exhibits in the Cookery section.

On the whole the Show gives entrants a great deal of pleasure and it is particularly encouraging for entrants who are successful when they enter for the first time.

Paul Stone our local garden celebrity gave out the prizes and ran the fundraising auction.

As I mention every year the Flower Show is very hard work as it requires a lot of preparation, also on the show day and putting it to bed. We need fresh ideas and helpers. So if anyone is interested in this one off annual community event please do get in touch. Here is a list of Prize winners for 2023.

Gill Kennedy and Andrea Evans Flower Show
committee Members
email gillk1066@btinternet.com

Most points in Vegetable section	John Cameron
Clifford Hoskin Cup for best vegetable	Bob Hillman
George Penfound Cup for best marrow	John Cameron
Cup for most points in Flower section	John Cameron
Whitsand Bay Cup for best cut flower	Melissa Purchall
Bowl for perfect rose	Julie Green
Ken Brown vase for best floribunda rose	Julie Green
Cup for best pot plant	Goscia Bettache
Mary Brown vase for best sweet peas	Sue Brown
Mrs Saunders Cup for best floral arrangement	Ann Bonner
Mrs Coles Cup for most points in fruit section	Bob Stevenson
Charles de la Rue Cup for best exhibit in fruit section	Bob Stevenson
Mrs Bushrod Salver for most points in cookery section	Wendy Pengelly
June Martin Cup for best exhibit in cookery section	Lynn Vickery
Cup for most points in preserve section	Alison Fox
Mrs Jones Cup for most points in Handicraft section	Janet Lockett
Dunn family trophy for best exhibit in handicraft section	Don Pengelly
Cup for best painting	Su Hillman
Judith Cocks trophy for best photograph	Wendy Pengelly
Best bloom from my garden	Goscia Bettache
Hoskin Cup for a vase of flowers from my garden	Janet Lockett
Mrs Penfound Cup for Best Summer Garden	Sue Brown
Mrs Steward Cup for most outstanding exhibit from Summer garden	Kayden Casey
Theodora Cup for most outstanding exhibit from Summer tubs, containers and hanging baskets	Bob & Diane Stevenson
Angela Moore Cup for Peoples' choice garden	Sue Brown
Cup for most points in show	John Cameron

Concert for Shelter Box

Reflections Choir and guests will be putting on a concert in the Memorial Hall in Craffhole on Saturday 30th September at 7.30 pm.
Entry by donation (generous please...) ALL the takings will be sent to Shelter Box to help them as they offer shelter and support to so many disaster torn countries. There will be a raffle and refreshments will be available. Please contact Lynn Vickery for further information.
01503230048/07528127017

Beware PDF scams



Another way scammers are trying to access your private details on line are PDFs. Most of us are aware of these types of file: Portable Document Format; and their icon. Because these ubiquitous types of file are familiar to us, they provide a perfect bait for on line phishers.

These scams can take various forms.

The PDF download attachment: included in an email with enticement to click on, may introduce malware onto your computer.

PDF files claiming to be an invoice.

Press to continue icons. Be careful before getting involved with any seemingly valid e mails or web sites.

Community Beach Clean

Melissa Purchall

Hello everyone. For various reasons it was decided to suspend the beach cleans during the summer months. So, we start again in September (usually the third Saturday of each month). This issue will cover the following beach cleans: 16 September 1.30-3pm, 21 October 1.30-3pm and 25 November 10-11.30am.

These beach cleans are a great opportunity to help the environment in our little corner of the world, get out in the fresh air and socialise. If you don't feel able to pick up the litter (mainly plastic pollution that has been washed in) then please do join us anyway, for moral support. Join us for 5 minutes or the whole hour and a half. Every bit helps.

We meet at the fairly accessible Portwrinkle Harbour Beach/Hoodny Cove. Please bring your own equipment (although I often have some you can borrow). If you're unable to take what you collect home with you, I would be more than

happy to dispose of it so we don't overfill the public bins. Please recycle all that you can to avoid it going to landfill unnecessarily. This is all done at your own risk. Don't pick up anything you don't want to.



If you have any queries please do call me on 01752 829227 or email me on m.purchall@btinternet.com

See you on the beach



mike redshaw

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- Wrist & hand Pain



OUR CONTACT :

07918121272 / 07899088522 | mike@mikeredshaw.com

Mike Redshaw, Barn 2, Rame Innovation Hub, Antony, Torpoint PL11 3AB

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Just Park

We have been investigating ways of providing a cash free means of buying parking tickets for Portwrinkle car park. One of the barriers was the lack of mobile phone signal at the site; whilst sufficiently strong to carry mobile phone signals, it wasn't reliable enough for the data transmission required.

Parish Autumn Clean

Autumn comes but once a year and with it comes another opportunity to do your bit to keep the parish of Sheviock ship shape. For those unaware of the Parish Clean, each year in Spring and Autumn we designate the weekend nearest the equinox to

Nancy has been on the case and we are now introducing Just Park. Some of you may already use this system as it is in wide-spread use around the county. You will need a mobile phone, on a network with a good signal in Portwrinkle. Full instructions will be shown adjacent to the pay machine once the system is fully implemented.

tidying up. This may be a group effort at a larger project such as flower bed weeding, bus shelter cleaning or simply tidying the verge outside your house - all equally as useful. This years weekend falls on September 23/24 so maybe have a chat with your neighbours and see what you'd like to do. Whatever you do, please do it safely.

Self Employed Cleaner(s) Required Portwrinkle. To cover holidays and relief/sickness cover.

Role: To clean Portwrinkle Public Conveniences (approx. 1 hour per clean, per day/call out). Cleaning products/items provided.

Sheviock Parish Council is looking for a self-employed cleaner(s), to provide relief cover to clean the Seafront Public Toilets.

This would be on an ad hoc basis, should the existing cleaning staff be unable to attend/or fall ill/ unable to cover holidays.

Work would be subject to your availability when it is offered, advance notice of work would be given whenever possible.

Good rate of pay provided, plus parking permit.

If interested, please contact the Clerk, Nancy Gray Parish Clerk 01503 232996
sheviockpc@btinternet.com to discuss further.

Sheviock Parish Council

Nancy Gray Parish Clerk 01503 232996 sheviockpc@btinternet.com

Tues 11-15 -2.45 Fri 11-15 - 2.45

at the Parish Council office in the Bill Warren Room at the Memorial Hall. Nancy can be contacted at other times by e-mail

Steve Medway:	Chairman	01503 230661	s.medway.spc@btinternet.com
Warren Evans	Vice Chair	07990 518219	crosshouse.garden@btinternet.com
Paula Brooks:		07900 553116	paulabrooksspc@gmail.com
Diana Lester:		01503 230317	dilester59@gmail.com
Lizzie Jenkins		01503 232876	lizzie.jenkins@icloud.com
Ian court		07958 449388	ianxcourt@icloud.com
Paul Stone		01503 230327	p.stone.spc@outlook.com

Council News

The parish council has been considering our position on the notification from St Mary's church PCC advice of the closure to burials in the churchyard. Historically when this occurs responsibility passes automatically to the Parish council who then would pass on that responsibility to the county council.

We had a meeting joined by:

Cornwall Cllr Kate Ewert,

- Mr Jon Mitchell Environment Asset Manager, Cornwall Council.
- Jos Moule. Registrar to the Diocese of Truro (advises in issues of Law).
- Kelly Betteridge: Archdeacon of Bodmin & Director of Intergenerational Church
- Church warden and member of the Parochial Church Council (PCC) Mrs Jenny Bushrod.
- Sheviock Parish Council members and Sheviock Parish Council Clerk, Mrs Nancy Gray.
- Mr Rex King was also invited to the meeting after the initial site visit in his garden at Glebe House. Present for site visit at Glebe House: Homeowners, Glebe House Mr & Mrs Rex and

Anne King.

Jon Mitchell CC said that usually following the closure of a cemetery, the transfer of maintenance to the PCC or CC means the cutting of grass. Not major capital repairs. The costs involved in this transfer are beyond the entire budget for the department. Steve Medway said that should the SPC be encumbered it would result in the council's bankruptcy. If the costs were to be incurred by the parishioners it would result in an increase in charges in the order of 1030 %.

Cllr Ewert stated that Cornwall Council cannot justify £250,000 spend when more urgent cases cannot currently obtain funding. CC receive 80p in the pound less and budget has diminished, savings having to be made. It is already overstretched and we have people in poverty while essential services are being cut. The church representatives, having been made aware of our concerns said they would investigate their options.

Steve Medway

Film Club

Lynn Vickery

Having had a month off, we are now raring to go with a great line up for the Autumn season right up to December, kicking off on the 16th September with "***The Secret Garden***". This is a 2020 Frances Ford Coppola production of the well known 1911 classic by Frances Hodgson Burnett.

Then, we have the following line up to wind up the year - all chosen by members :-

Oct 21st. ***Top Gun Maverick***

Nov 18th. ***The Duke***

Dec 16th ***The Book Club (2018)***

If you are not a member but would like to join us, it will cost you just £6 for the first visit then

£3 per film after that. We'd be delighted to welcome you and also, if possible, it would be helpful if you had the right money. We have a short interval when we sell ice creams and tea or coffee.

Films start at 7pm with doors usually opening at 6.30. However, this month doors will open at 6pm to allow time for membership renewals. I shall inform those members whose renewals are due.

I look forward to seeing you all again. Don't forget, if there are any films you would like me to try and book, please let me know.

Lynn Vickery 07528 127017/01503 230048

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In May we had a wonderful return trip to Wildside Gardens, Buckland Monachorum. As expected the gardens were amazing, especially the wisteria trees and Mediterranean gardens. Also not to be missed Ros Wiley's studio is open to visitors exhibiting a large number of her works. These include local views and those from further afield.

In July we had a trip to Lethyep, Penadlake, Lanreath. 52 acres of meadows, lakes and ancient woodland turned into habitats for wildlife and a haven of peace and tranquility. We finished with delicious home-baked refreshments.



Photos; Lake at Lethyep

Coming up

9 Sept - Trip to Bicton Park Botanical Gardens, Budleigh Salterton

16 Oct - Talk - The Gardens & Plants of Maderia - Saul Walker

20 Nov - Talk - Our Trip to Japan - Steve/Dee Medway

Please note that the Rame bus has now returned to normal service.

Meetings are usually held at the Sheviock Memorial Hall on the 3rd Monday of the month at 7pm.

Meetings are usually in the form of visits to gardens in the months of April, May, June, July and September. We do not normally have an August meeting.

Membership fees: £12 per garden, £1 per meeting, non-members £2

Enquiries - Dee Medway (Secretary)
01503 230661

LOCAL BUS SERVICES In the current new Cornwall Bus Timetable that commenced on the 3rd September we now have an additional two through No. 70B Buses operating to & from Plymouth that call at Sheviock & Crafthole. They are :- the 08.55 ex Cremyll-Plymouth Bus DEPARTING CRAFTHOLE (Kimberley Foster Bus Shelter) AT 09.36, SHEVIOCK AT 09.41, ARRIVING PLYMOUTH (Royal Parade) AT 10.45. In the return direction the 13.00 EX ROYAL PARADE NO 70B BUS to Cremyll, NOW CALLS ADDITIONALLY AT SHEVIOCK & CRAFTHOLE. This is welcome good news for a change.

The late afternoon/early evening peak bus times of the 70A/B Bus services departing Royal Parade have been altered with the 16.00 departing at 16.10, the 17.00 at 17.20 and the 18.25 leaving at 18.20. Unfortunately the re timing of the 17.00 means that it will now arrive at Torpoint too late to connect with the 17.45 No. 75 bus from Torpoint - Liskeard. This has been pointed out to Go Cornwall Bus & Cornwall Council but I have had little response despite several reminders. This now means that there is not a bus leaving Royal Parade after 13.00 that connects with the No. 75 at Torpoint so I cannot argue with those who say that the No. 75 as a connecting bus service to & from Plymouth is clearly no longer fit for its purpose, particularly when its unreliability with cancellations and late running is taken into account. We cannot understand why this retrograde move has been allowed to happen. Bus users at Crafthole & Sheviock do have some alternative bus services but those using it to & from Portwrinkle, Downderry & Seaton etc. are solely reliant on the 75.

It looks as if we will need to campaign strongly for the 75 that has scenic riverside, & coastal views, popular seaside villages with amenities & easily accessible beaches along its route, to realise its potential. We believe it could be transformed into an attractive purposeful reliable more frequent bus service that would encourage both local residents & visitors alike from Plymouth etc. to use it & leave their car at home. Obviously full cooperation, with the will to make it happen from Cornwall Council & GCB is needed to achieve this.

I need to point out that for the able bodied who do not have too much baggage to carry, there are of course alternative means of travelling between Royal Parade & Torpoint using CityBus Services and the ferry by foot. The No.34 with its longer journey time departs Royal Parade A2 stop on the hour & 30 minutes past the hour for most of the day & will take you right to the Ferry. Alternatively you can catch a 21/A/B bus from the Royal Parade A1 Stop with a 6 times an hour frequency during most of the day, alight in Park Avenue. Devonport & walk down the hill to the ferry. All this needs careful judgement in allowing sufficient time for the overall bus/walk/ferry journey, You would need to catch the 16.30 ex R.P. No.34 Bus to enable you to connect with 17.45 No.75 from the Torpoint Bus Shelter. Using a No. 21 A Bus you would probably need to catch the 16.45 departure from Royal Parade

Our thanks go to all those residents who attended our RPPTUG AGM/Follow up public meeting in the Memorial Hall on the 19th June, and to those who also filled in our Questionnaire forms. As anticipated not so many attended as last year when there were over 100 present, but there was still a good number present who had many questions linked to the Questionnaire, for the senior officers attending from Cornwall Council & Go Cornwall Bus to answer. It was clear that in general residents were not satisfied with the reliability of the current bus service or happy with with the level of improvements made to local bus services during the past year. There was strong support (90%) for both running the No.75 through to & from Plymouth & for more 70/A/Buses to be routed via Crafthole & Sheviock, with even 80% from the Millbrook Area voting unselfishly for this. There was also good support (78%) for there to be a bus service from Millbrook to St.Germans via Crafthole. 72 % indicated that the changes to local bus services during the year had caused many to use the car more with this rising to 84% in the Sheviock Parish, an area most affected by the cuts. 90% thought that the "forgotten corner" nick name given to our Rame Peninsula was applicable to the level of public transport operating here compared with other areas of Cornwall.

The RPPTUG will be holding a committee Meeting in the Antony Village Hall on Thursday October 5th at 2.0pm to discuss the affects of the new timetable operative from the 3rd September, prior to an on line meeting between a sub committee and senior officers from Cornwall Council and GCB later in the month.

LOCAL TRAIN SERVICE - The addition of the 06.59 train to Plymouth is the only main weekday alteration to trains calling at St.Germans in the current timetable that commenced of the 21st May, with on weekdays 25 trains now calling daily on the Up Line, & 29 on the Down Line. However, with the continuing industrial action taking place by the ASLEF & RMT Unions, it is still difficult to plan any rail travel for more than a few weeks ahead. Further industrial action is planned for Friday 1st & Saturday 2nd September.

Community Services up to Christmas

We hope that we will be able to maintain our pattern of services every Sunday at 10:00 am at Sheviock – but this will be subject to a much larger Benefice call on our Clergy and Readers. The 5th Sunday of the month is likely to remain a United Benefice Service – somewhere in the Benefice! However, please save the date for the following Community Services:

5 pm 10th September – Harvest Tea at St Mary's in support of the Foodbank

A harvest thanksgiving followed by a delicious harvest tea. Please bring suitable donations for the Foodbank please.

3 pm 1st October – All Creatures Great & Small at St Mary's

A short all-age service of thanksgiving and blessing for our pets in St Mary's churchyard (or inside if wet) followed by teas and pet refreshments!

Donations will be taken for the PDSA

9 am 15th October – Bronescombe Breakfast at St Mary's

In advance of our annual Dedication Day Service at 10:00 am

7 pm – Thursday 2 November – All Souls & Remembering Service

A gentle service to remember those we have lost

10:45 am 12th November - Remembrance Service and laying of wreaths at St Mary's

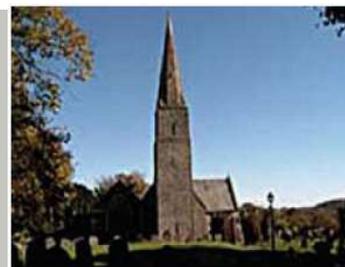
Traditional Remembrance Day Service with donations in support of the Royal British Legion

6 pm 21 December - Carols by the Sea at Portwrinkle

Community Carols followed by mulled wine and mince pies

3 pm 24 December - Café Style Carols at St Mary's

Take a moment to relax from Christmas preparations with a relaxed rendition of modern and traditional carols, with teas, coffees, mulled wine and mince pies.



Heritage Gateway at Sheviock Parish Church

Autumn and Winter Programme

Thank You for your support during our Sunday Teas season – it has been wonderful to see so many “regulars” turning up and to our very talented local musicians who just set our Sunday Teas apart! Frank Mesa – spanish guitar; Felicity & Geoff Clarke – Jazz duo on sax and keyboard; Sally Pestell - harpist and Mike Hartland - mandolin. We do hope that we will be able to invite them all to return next year. Please do let us know of any local musicians who you think would be happy to come and play at Sheviock.

Harvest Dance on Saturday 23 September – 7:30 – 11:30 pm

Get down to Sheviock Memorial Hall for the Cornish Groove Collective – a real treat for Soul and Motown fans if you have not heard them before.

Annual Heritage Day on Saturday 21 October 2023 – 10:00 – 4:00 pm



This year we are hoping to have a new feature on medieval dance – so look out for the posters, but we will be serving the medieval fayre for lunch.

Lunch with a Story – Saturday 18

November 11:00 am – 2:00 pm

Casseroles and Pudds will be served with a short story or two – narrated by our very talented Hugh Parker.

Angel Festival on Saturday and Sunday 9-10 December

Be creative – if you are in a group, society or on your own, design and display an Angel or Angels in any medium you

choose! We will be supplying angelic refreshments throughout the weekend – Please look out for posters for the times and format.

Heritage Gateway Funds are dedicated funds for the upkeep and maintenance of Sheviock Parish Church buildings and graveyard and heritage information and materials.

Email bushrods@btinternet.com or telephone 01503 230565

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Hello to everyone in the parish and to extended friends and family that also keep in touch with the village Hall events.

I am pleased to say that during the summer break, the hall is being painted and is looking fresh and bright, we apologise if it has inconvenienced any groups, the painter is aware of any bookings and has endeavoured to work around any users.

This year's summer fair event was another great success and enjoyed by many of you. We had changed the date to avoid clashing with the Liskeard show or the Lions Fair but inevitably any date chosen will always clash with another activity in the area. The weather was kind to us, allowing all activities to take place outside and once again the wonderful Polbathic Cider circle apple cart and the BBQ team kept everyone 'fed and watered'. The children enjoyed Matt's sports and games and the pre-school performed their may pole dancing and encouraged their parents to also take part. The Derry Aires ensured that everyone was entertained into the evening, rounding up a very positive day.

A Beetle Drive evening was planned for July, however due to low bookings it will now be rearranged for the Autumn along with a Bingo evening.

We are always happy to welcome new people to join us on the committee and have additional help at any events, please contact any committee member if you have an idea for a future event or would like to become more involved. We are also very grateful for any raffle prizes for any of our events.

Our next fundraiser for the hall is the Craft Fair in October. I have taken over the organisation for it this year, I am hoping that I can do as good a job as Lynn. I shall be re-introducing hot food between 12 – 2pm on both days and would very much appreciate any donations of cakes to sell throughout the event and additional help to serve teas on the days. Please contact me if you are available to help in either of these instances.

Please see below for details of contact numbers and times of groups and classes that are available for you to

join. Please contact the individual organisers for the opening times and class/club details.

Pre-school – open daily 9am- 3pm during term time for children aged 2-5 years old
Toddler stay and play group – Friday afternoons 1pm – 2.30

Contact Paula 07900 553116

Snooker – open daily for members (no weekday am sessions during term time

For more info and get membership contact

Craig 07779 098260

Badminton – Weds evenings Youth and adult sessions

Barbara 01503 230326

Bowls – Monday afternoons 2pm

Alison 07709 594478

Garden Club – monthly meeting

Dee 01503 230661

Film Club – Every 3rd Saturday of the month
Lynn 01503 230048

Yoga – Friday evenings

Jacky 07772344107

Stretch / body toning classes

Susie 01503 230774

Pilates – Tuesday evenings

Liz 01752 813960

Sewing / crafting club – Tuesday fortnightly afternoons

Mel 01503 230372

Keep fit gently – Thursday afternoons

Barbara 01503 230326

Short tennis – Thursday evenings

Mike 01503 230022

Chapel coffee mornings – 4th Saturday of the month

Barbara 01503 230326

Thank you all for your continued support of the village hall and I look forward to seeing you all at future events
Paula Brooks

The last 3 months have flown by and there is much to report - I'll try and be brief...

Firstly, of course, we have sadly had to say goodbye to our PO. I know Ellen, our Postmistress for many years, was very sad to have to close it, but she had kept going beyond retirement age and it was the right time for her to go. She did not want a big send off, but the village made a superb collection of just over £800 pounds and she was quietly presented with this, a book about Egypt and a beautiful card made by Celia, with the names of everyone who donated towards her gift. Needless to say she was both delighted and astounded by your generosity. She wishes to put her gift towards a long dreamt about trip to Egypt. However, it is not goodbye to Ellen as she continues as the shop manager and is looking forward to being able to give more time to this role. Our thanks to Ellen for everything she has done and continues to do. Hopefully she will find more time now to enjoy herself and have a bit of "me time".

In the shop, however, things have been a bit unsettled. Once again, our freezer let us down, with the loss of all its contents and it is no longer fit for repair. This has left us with a big problem. To replace the freezer with another commercial one is more than we can afford at present. We considered buying a new domestic upright one, which would be a lot cheaper, but we do not feel it would be fit for purpose. Rob Ray has very kindly given us an under- the -counter freezer, so we are now able to stock up with a few essentials. Please forgive us if we don't have everything you need - space is very limited.

Meanwhile, we are hoping to apply for a replacement grant and are also putting out feelers for a possible second hand appliance.

And then, of course, there is the ongoing -so far futile - attempts to get Post Office to change its mind about granting us a mobile unit once or twice a week. Their argument is that we are surrounded by some form of PO within 4-6 miles, but they take no account of our rural location or the large number of elderly, disabled, non- driving or internet free population. We would ask you to keep the pressure up and continue to lobby our MP

and the PO.

Other than that, business is very much as usual. We have welcomed several holiday makers- residents, walkers, cyclists etc - recently and have had many compliments regarding the variety and good value of our stock.

We are so pleased we introduced the card machine as, now, with no PO to give us change when we need it, use of a card is making things much easier. It will also be very helpful if customers who don't wish to use a card, could bring smaller change in preference to bigger notes for purchases. Rosalie, our treasurer, is keeping on top of it, but there have been a few times when we feared we might have to give customers a pocket full of small change due to shortage of larger denominations. We are very much feeling our way through this new experience but hopefully everything will settle down and get back to normal very soon.

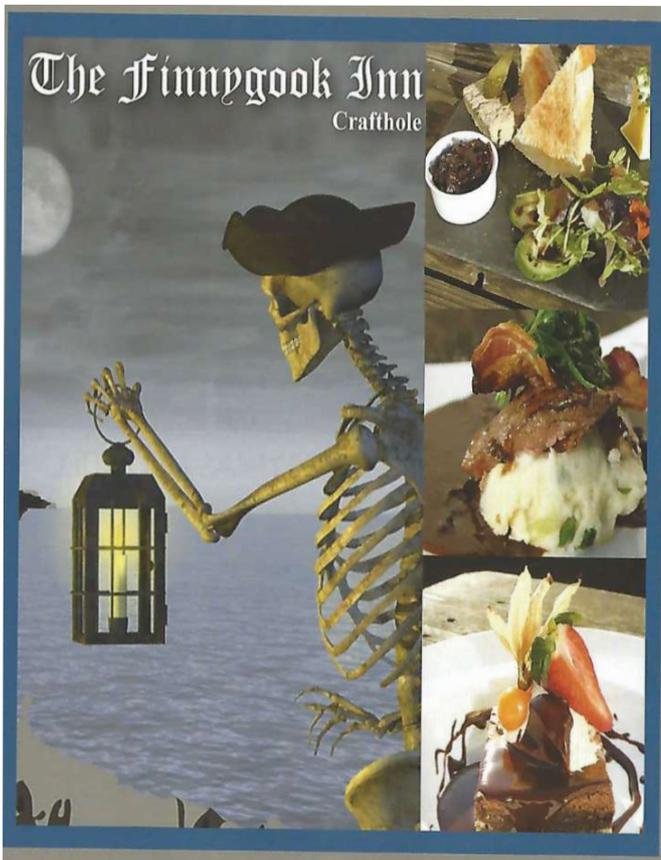
And so, as autumn approaches we shall be saying goodbye to our many visitors, but we hope our loyal community will continue to support us as we negotiate our way through this new era for our shop. We are grateful for all the voluntary support we get- but we still need more as, at times, we struggle to cover one or two shifts. Ellen would love to hear from you. Just pop into the shop and speak to a volunteer.

As always, we look forward to seeing more of you visiting us and seeing for yourselves how convenient our local shop is. It should also be said that the survival of this important local amenity is ENTIRELY in your hands. It's a much over used cliché, but certainly, for us, an apt one : USE IT OR LOSE IT!

Take care everyone and hope to see you all in the shop soon.

Lynn Vickery - on behalf of the Board of Directors.





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Southeastern Penninsula Welcomes New Oversight Minister Jenny Bushrod

On Monday 21st August, the **Reverend Jo Northey** was formally licensed in her new role as Oversight Minister for Cornwall's southeastern peninsula, an area encompassing Torpoint, Maryfield, St John, Millbrook, Cawsand, Maker, Rame, Antony, Shevioc, Hessenford, Tideford, Donderry and St Germans.

"I'm a vicar's daughter," she laughs. "So I should have known better than to come into this!"

Her family moved around a lot during her childhood, but they spent much of that time in Worcester and Tunbridge Wells.

She studied Biology in Durham before completing a PGCE at Oxford. She went on to teach at secondary schools in Hertfordshire and York.

Her schoolteaching career was interrupted by what she calls a "brief foray" into medical education, spending three years running a laboratory providing training in keyhole surgery techniques at the University of Dundee. Having always wanted to be involved in Voluntary Service Overseas, she then spent two years working as a senior education methods advisor in Malawi, before she returned to the UK to complete another year's teaching in York.

It was at that point that she recognised that, while she loved working with young people, she'd much prefer to be doing so in a church context.

"I've always had faith since I was little," she says. "But in my late teens and early twenties, it was perhaps a lower priority than it is now."

She recalls that it was while living in Scotland that she felt that things had started to go wrong in her life.

"It was in that dark place that I came back to the church and reached out to God," she says. "I found a new vibrancy in my faith. I saw what a faith community could achieve when it lived out what it believed – how you can really transform a community."

So, she came at last to put her teaching career behind her when, nearly twenty years ago, she took a job as a youth minister in Kowloon.

After three years out in Hong Kong, she returned again to Britain, to train for ordination at Trinity College in Bristol. It was there that she met her future husband Ed. They'd married in 2008 and she'd been ordained in 2009. She was seven months pregnant with their first child, Chloe, at the time.

Jo accepted a curacy in Swindon, while Ed completed his training for ordination in nearby Oxford. The couple then moved to Barrow-in-Furness, where they served as curates together.

"Part of my role there as an innocent young curate was to help to get the churches to work better together," she recalls. She launched an ambitious project with an ecumenical group of local people to establish a

foodbank. That was in the days when foodbanks were relatively new and scarce.

"Just as that was up and running, along came baby number two," she laughs. Jo and Ed's second child now goes by the name of Florence.

Having completed her curacy, Jo was appointed team vicar in South Barrow.

"We converted the Lady Chapel of St Aidan's Church to create a community café and really built up our work with families and young people," she says. "That was the defining part of my ministry there."

The family moved south when Ed became a naval chaplain in Gosport. After working in family and youth ministry with the church in the village of Alverstoke, Jo was then offered the job of "pioneer, families and fresh expressions minister" in the nearby town of Emsworth, halfway between Chichester and Portsmouth.

She recalls that they'd actually moved house while Ed was away at sea – but she stresses she'd been careful to let him know where they'd be on his return!

They moved to Torpoint last summer when Ed was stationed to HMS Raleigh.

"I'm a great believer that church works best when we all play our parts, when we don't just rely on a priest or a few people to make it work," she explains. "I'll spend much of my time building up people to lead worship and engage with our communities. That's really exciting."

She speaks with great enthusiasm about the possibilities open to the area, with the recent appointment of the Deanery's new debt advisor (supported by the national Christians Against Poverty programme), as well as plans to appoint a pioneer minister and schools chaplain.

"All of this gives us the kick up the backside we need to build those worshipping communities that will support and nurture our local families," she says. "We must show that we'll love, enable and nourish the communities already in our churches. She emphasizes the need for the church to engage people in forms of worship and action that are attractive, impactful and intergenerational. "I'll have succeeded if I've been able to equip local people to do these things in their communities," she says.

She is clearly devoted to the congregations and communities she now serves.

"I love Cornwall," she says. "You couldn't want for a better place to live. It felt like home very quickly. The people, the beautiful landscapes, those places of ancient prayer. It's very special isn't it? And we put the jam and cream the right way on our scones!"

She's even taken to swimming in the sea all year round.

"I've found a real peace in it, even in February," she says. "That's the very best time of year to be on a Cornish beach!"



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